

Workshop



Microscopic Colitis – New Insights and Recommendations

May 21, 2020

Tivoli Hotel & Congress Center
Copenhagen, Denmark



Preliminary
Program

**Application for
CME credits
submitted**

▶	Preface	4
▶	Scientific Program	6
▶	List of Speakers, Moderators and Scientific Organizers	8
▶	Information	11

CME credits for the Workshop have been applied for at the European Union of Medical Specialists (UEMS). The number of credits awarded will be printed in the final program.

Preface

Microscopic colitis is an inflammatory bowel disease characterized by chronic non-bloody diarrhoea and no or only few abnormalities on endoscopy. Symptom burden may include even abdominal pain, nocturnal diarrhoea, urgency, faecal incontinence and fatigue. Active microscopic colitis is associated with an severely impaired health-related quality of life and increased health-care costs. Major risk factors for microscopic colitis include female gender, age, smoking and specific drugs such as PPI and NSAIDs. The diagnosis relies solely on histological examination of multiple biopsy samples from the colonic mucosa. The two major histological subtypes are collagenous colitis and lymphocytic colitis, but incomplete and variant forms may occur. Oral budesonide has been established as first-line treatment for microscopic colitis given its good efficacy and favourable safety profile. However, relapse rates are high and treatment of budesonide-refractory patients remains challenging. During the last decade significant progress has been made to better understand the aetiology and pathophysiology of microscopic colitis. Ongoing clinical research is trying to improve the assessment of disease activity, to better understand the long-term outcome of microscopic colitis and to develop treatment strategies for steroid-dependent patients.

We are delighted to welcome you to the Falk Workshop: “Microscopic Colitis – New Insights and Recommendations” held in Copenhagen on 21th May, 2020. Our goal is to provide a broad overview over the current knowledge and recent developments both in basic science and clinical management of this particular disease. Again, we are very grateful to the Falk Foundation for giving us the opportunity to organize the second workshop in Europe exclusively dedicated to microscopic colitis.

Hopefully, this workshop will help to advance the understanding of this inflammatory bowel disease and provide a solid basis for improving patient care in everyday practice.

Andreas Münch, MD, PhD
Sweden

Prof. Dr. med. Stephan Miehle
Germany

Workshop



Microscopic Colitis – New Insights and Recommendations

May 21, 2020

**Tivoli Hotel & Congress Center
Copenhagen, Denmark**

Start of Registration:

Wednesday, May 20, 2020
16.00 – 21.00 h
at the congress office

Information:

Dr. Andreas Münch
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Scientific Organization:

S. Miehleke, Hamburg (Germany)
A. Münch, Linköping (Sweden)

Official Language:

English

Workshop Venue:

Tivoli Hotel & Congress Center
Arni Magnussons Gade 2-4
1577 Copenhagen V
Denmark

**The Workshop is organized
by Falk Foundation e.V.**

Publication Date of the Final Program:

May 2020

The final program will be available on the homepage www.falk-foundation-symposia.org one week before the workshop starts.



Thursday, May 21, 2020

9.00 Welcome and introduction

S. Miehke,
Hamburg

Session I Epidemiology and symptoms

Chair: L.K. Munck, Koge; M.J. Pierik, Maastricht

9.10 Epidemiology / PRO-MC registry

B.P. Verhaegh,
Maastricht

9.30 Clinical presentations

A. Madisch,
Hannover

9.50 How to distinguish between microscopic colitis and IBS

D. Guagnozzi,
Barcelona

10.00 Quality of life / microscopic colitis index

H. Hjortswang,
Linköping

10.15 Interviews with microscopic colitis patients - a nurse's perspective

K.P. Lesnovska,
Linköping

10.25 **Coffee break**

Session II Endoscopy and pathology

Chair: C. Langner, Graz; S. Wildt, Koge

11.00 Endoscopic findings

A. Koulaouzidis,
Edinburgh

11.10 Histopathology

C. Langner,
Graz

11.30 Ultrastructures in microscopic colitis

M. Vicario,
Barcelona



Thursday, May 21, 2020

Session III **Pathophysiology and risk factors**

Chair: G. Bouma, Amsterdam; G. Latella, L'Aquila

- | | | |
|--------------|----------------------------------|-------------------------------------|
| 11.40 | Overview pathophysiology | G.E. Tontini,
Milan |
| 11.55 | Genetics | M. D'Amato,
Clayton |
| 12.05 | Microscopic colitis transcriptom | A.E. Ostvik,
Trondheim |
| 12.15 | Immunology | Y.Z. Abdo,
Terrassa |
| 12.25 | Microbiota / faecal markers | S. Wildt,
Koge |
| 12.35 | Aquaporins | C. Escudero-Hernández,
Linköping |
| 12.45 | Risk factors | J. Kupcinskis,
Kaunas |
| 13.00 | Lunch break | |

Session IV **Therapy**

Chair: O.K. Bonderup, Silkeborg; F. Fernández-Bañares, Terrassa

- | | | |
|--------------|--|--------------------------|
| 14.20 | Treatment | S. Miehke,
Hamburg |
| 14.40 | Immunomodulators / biologicals | A. Münch,
Linköping |
| 14.55 | Our experience with using prospective cohort studies | H. Khalili,
Boston |
| 15.15 | Microscopic colitis – the American perspective | D.S. Pardi,
Rochester |
| 15.35 | The future of microscopic colitis / last words | A. Münch,
Linköping |
| 15.45 | Coffee and end of Workshop | |

List of Speakers, Moderators and Scientific Organizers

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General Information

Prior to the opening of the workshop in Copenhagen

Falk Foundation e.V.
Congress Department
Leinenweberstr. 5
79108 Freiburg
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Telephone: +49-761-1514-125
Telefax: +49-761-1514-359
E-mail: symposia@falk-foundation-symposia.org

Congress Office and Registration

During the Workshop

Congress Office Telephone: +49-175-7795-327

Opening Hours:

Wednesday, May 20, 2020 16.00 – 21.00 h
Thursday, May 21, 2020 8.00 – 17.00 h

Workshop Venue:

Tivoli Hotel & Congress Center
Arni Magnussons Gade 2-4
1577 Copenhagen V
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Congress Fees

Scientific Program of Workshop	EUR 150
Students (copy of student ID required)	EUR 75

The congress fees include:

- Pre-Opening and Welcome on Wednesday, May 20, 2020
- Refreshments during coffee breaks
- Lunch on May 21, 2020
- A copy of the abstract volume
- A copy of the final program

Registration

Congress registrations must reach the Foundation e.V. by **February 15, 2020, at the latest.**

After receipt of the registration form, each participant will be provided with confirmation of his registration/invoice. On presentation of this confirmation at the congress office in Copenhagen participants will receive the congress folder containing name badges, admission tickets and the abstract volume.

In the event of registration cancellations, a handling fee of EUR 20 will be deducted from the refund. All participants will receive a written confirmation of attendance at the end of the meeting.

Admission to Scientific Events

For admission to scientific events your name badge should be clearly visible.

Accompanying persons are not permitted during the conference at any time.

Airport

You can take the train directly from Copenhagen Airport Terminal 3 on track 2 to Copenhagen. Get off at Copenhagen Central Station and walk to the hotel, which is located within 8-10 minutes walking distance.

You can also get a train on track 11 and 12 at Central Station that will take you to Dybbølsbro Station. You can also take the no. 30 bus from Central Station to Fisketorvet Shopping Center. Tickets from the airport to Copenhagen Central Station are also valid on the bus, metro and S-train.

Taking a taxi from the airport will cost approx. DKK 280. All taxis are metered and accept all major international credit cards.

International Symposia and Workshops

*Scientific Dialogue
in the Interest of
Therapeutic Progress*



Workshop
**Primary Liver Cancer –
Emerging Concepts and Novel
Treatments**

Mainz, Germany
February 13–14, 2020



Symposium 218
**Current Challenges of
Inflammatory Bowel Disease**

Mexico City, Mexico
March 6–7, 2020



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Symposium 219
IBD-Patients – In the Center of Care
Copenhagen, Denmark
May 22–23, 2020



Symposium 220
**XXVI International Bile Acid Meeting:
Bile Acids in Health and Disease 2020**
Amsterdam, The Netherlands
July 10–11, 2020



Symposium 221
**IBD Management in the New Decade:
Old Myths and New Realities**
Athens, Greece
October 2–3, 2020



Symposium 222
**Eosinophilic Esophagitis –
Advanced Science for Everyday
Challenges in Clinical Practice**
Zurich, Switzerland
November 20–21, 2020

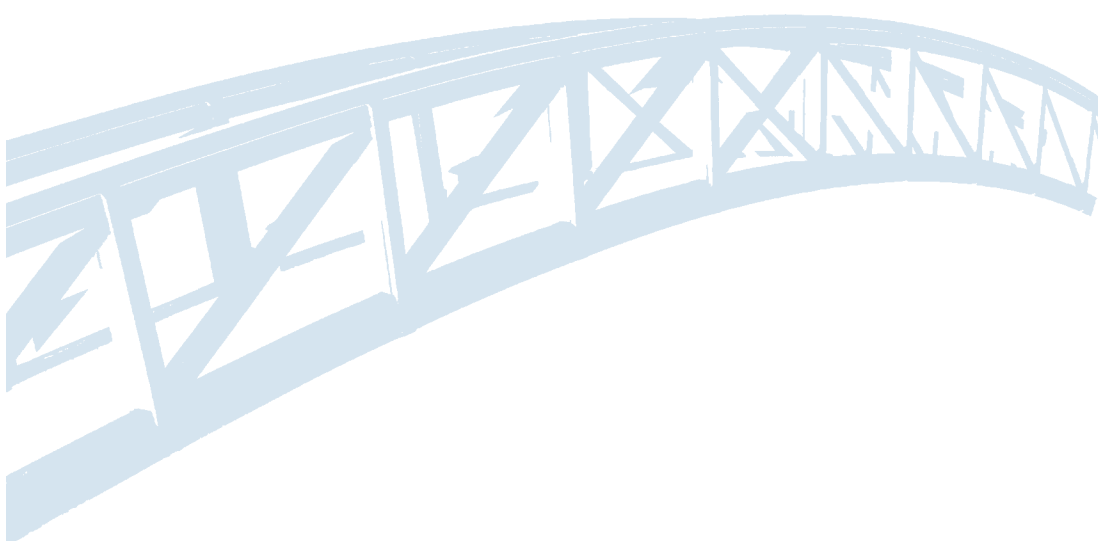
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2020



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