Current Challenges of Inflammatory Bowel Disease

March 6–7, 2020
Hyatt Regency Hotel
Mexico City, Mexico

Preliminary Program
CME credits for the Symposium 218 have been applied for at the European Union of Medical Specialists (UEMS). The number of credits awarded will be printed in the final program.
Preface

Dear colleagues and friends,

I am delighted to welcome you to the first Symposium, organized by Falk Foundation e.V., in Mexico City on March 6 and 7, 2020. This will be the second Symposium held in Latin America after more than two decades. It is a great privilege to have this event in Mexico where the incidence and prevalence of Inflammatory Bowel Disease (IBD) has increased importantly in the last decade. Mexico City, capital of the country, lies at an altitude of more than 2,200 meters in the Anáhuac Valley, surrounded by mighty mountain ranges and two magnificent snow-covered volcanoes, Popocatépetl and Iztaccíhuatl. This city is one of the world’s largest cities, both in terms of population and area, most of the city’s best tourist attractions and popular things to do are in the historic city center, a 15-square-kilometer UNESCO World Heritage Site containing more than 1,400 important buildings from the 16th to 19th centuries, as well as several museums such as Frida Kahlo Museum, the National Museum of Anthropology, the Palace of Fine Arts and others.

The theme of this Symposium in Mexico City is “Current Challenges of Inflammatory Bowel Disease”. The linear program has seven selected sessions, structured around epidemiology, monitoring tools, conventional and biological treatment, new emerging therapeutic approaches, surgical issues and special situations focused on clinical practice with direct relevance to patient care, as well as poster presentations.

Our aims remain to provide an exciting academic program with latest and best scientific information and education in order to share and discuss the most relevant topics of IBD approach for improving outcomes and quality of life in patients with IBD.

Thanks to the generosity of Falk Foundation and all our international IBD experts for all time, effort and dedication in this important event.

On behalf of the Organizing Committee, Maria Abreu, Fernando Gomollon and Francisco Bosques, I extend a warm welcome to you all in Mexico City!

Yours sincerely,

Jesus Yamamoto-Furusho
Chair of the Organizing Committee
Current Challenges of Inflammatory Bowel Disease

March 6–7, 2020
Hyatt Regency Hotel
Mexico City, Mexico

Start of Registration:
Thursday, March 5, 2020
16.00 - 21.00 h
at the congress office

Setting Up of Poster Session:
Thursday, March 5, 2020
16.00 - 21.00 h

Congress Venue:
Hyatt Regency Hotel
Campos Elíseos 204
Polanco Chapultepec
11560 Mexico City
Mexico

Symposium 218 is organized by Falk Foundation e.V.

Scientific Organization:
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F. Gomollón, Zaragoza (Spain)

Official Language:
English

Call for Posters:
A poster session will take place.
For details see page 10

Publication Date of the Final Program:
March 2020

The final program will be available on the website www.falk-foundation-symposia.org one week before the start of the symposium.
Friday, March 6, 2020

9.00 Welcome and Introduction

Session I
Emerging epidemiology of IBD worldwide

Chair: M.T. Abreu, Miami; F.J. Bosques Padilla, Monterrey

9.10 The old world of Europe: Has the incidence and prevalence of IBD stabilized?
P. Munkholm, Copenhagen

9.35 How studying immigrants can edify the epidemiology of IBD
G. Kaplan, Calgary

10.00 Epidemic of IBD in Asia?
Z.-H. Ran, Shanghai

10.25 Rising incidence in Mexico and Latin America?
J.K. Yamamoto-Furusho, Mexico City

10.50 Coffee break with poster session

Session II
Monitoring tools in IBD

Chair: M. Duijvestein, Amsterdam; R. Panaccione, Calgary

11.20 Serological and fecal biomarkers
M.C. Dubinsky, New York

11.45 Chromoendoscopy vs. digital technology for the detection of lesions and dysplasia in UC patients
G.Y. Melmed, Los Angeles

12.10 What radiological tool is better in Crohn’s Disease patients?
J. Rimola, Barcelona

12.35 Does histological remission matter?
M. Vieth, Bayreuth

13.00 Lunch break with poster session
Friday, March 6, 2020

Session III
Conventional treatment still useful in IBD?
Chair: B.E. Sands, New York; S. Schreiber, Kiel

14.30 Patient profile for the use of 5-ASA in IBD
A.H. Steinhart, Toronto

14.55 Topical vs. systemic steroids in IBD
A. Dignass, Frankfurt

15.20 Role of thiopurines and methotrexate in IBD
F. Carbonnel, Paris

15.45 Challenges in the medical treatment of severe UC
J.O. Lindsay, London

16.10 Coffee break with poster session

Session IV
Practical issues in the treatment of IBD with anti-TNF therapy
Chair: S. Ghosh, Birmingham; W.J. Sandborn, San Diego

16.40 Top down vs. accelerated step approach
E.V. Loftus, Rochester

17.05 Empirical optimization vs. therapeutic drug monitoring
M.T. Abreu, Miami

17.30 Is anti-TNF therapy for ever?
M. Duijvestein, Amsterdam

17.55 Safety concerns of anti-TNF therapy
N.N.

18.20 Networking with light refreshments
Saturday, March 7, 2020

Session V
Surgical issues in IBD

Chair: W.A. Bemelman Amsterdam; A. D’Hoore, Leuven

9.00  Small bowel resection vs. strictureplasty

9.25  Minimal invasive surgery: A better approach?

9.50  Role of mesenteric fact in the clinical course of CD

10.15 Management of refractory pouchitis

10.40  Coffee break with poster session

Session VI
Challenges in IBD

Chair: F. Gomollón, Zaragoza; G. Rogler, Zurich

11.10 Management of psycho-social issues for IBD patients and their families

11.35 The pediatric-adult transition: How to bridge the change

12.00  Presentation of Poster Awards

12.15 Telemedicine in IBD: The Future is here

12.40  Personalized medicine for the treatment of IBD

13.05  Lunch break with poster session
Saturday, March 7, 2020

Session VII
New and emerging therapeutic approaches for IBD

Chair: J.O. Lindsay, London; E.V. Loftus, Rochester

14.05  What is the better profile patient for Vedolizumab treatment?  W.J. Sandborn, San Diego

14.30  Ustekinumab and other anti-IL23 inhibitors for IBD  B.E. Sands, New York

14.55  JAK inhibitors: A new kid in the block  S. Ghosh, Birmingham

15.20  Future therapeutic targets in IBD  S. Schreiber, Kiel

15.45  Coffee break with poster session

Session VIII
Special situations in IBD

Chair: C.N. Bernstein, Winnipeg; N.N.

16.15  Sexual dysfunction and pregnancy  C.J. van der Woude, Rotterdam

16.40  Impact of infections in the course and treatment of patients with IBD  G. Rogler, Zurich

17.05  IBD a systemic disease: Extraintestinal manifestations  R. Panaccione, Calgary

17.30  Closing Remarks  J.K. Yamamoto-Furusho, Mexico City
**Poster Session**

Posters will be exhibited on March 6–7, 2020. The authors will be in attendance during coffee and lunch breaks on both days. The setting up of the poster session starts on Thursday, March 5, 2020 at 16.00 h. The authors are asked to mount their poster on Thursday.

**Call for Posters**

Please submit your poster abstract before **October 1, 2019**. Only one-page abstracts not exceeding 300 words, written in English will be accepted. Abstracts must be submitted via our Internet Abstract Submission System (https://poster.falkfoundation.com) where further information regarding the submission format and the submission process is available.

The abstracts will be selected by the scientific organizers, preference being given to those thematically related to one of the sessions of the program. The accepted abstracts will be printed and distributed to the participants of the congress together with the documents of the meeting.

The authors will receive notification about acceptance and further instructions in **October 2019**.

Contact address for further information on the poster session:

Falk Foundation e.V.
Congress Department
Leinenweberstr. 5
79108 Freiburg
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Telephone: +49-761-1514-125
Telefax: +49-761-1514-359

Web address for submitting poster abstracts:
https://poster.falkfoundation.com

For the **first author** of an accepted poster, expenses for accommodation (March 5–8, 2020) and fees for the scientific program will be covered during Symposium 218. Travel expenses will not be covered.

**Poster Awards**

Three prizes will be awarded for the best poster presentations. For the presentation of poster awards, **award winners will be asked to give a short presentation (2–5 minutes) of their poster**. Award winners will be presented with a certificate and prize money of €1,500, €1,000 and €500. Travel expenses will additionally be covered for the first author of an awarded poster.
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General Information

Prior to the opening of the congress in Mexico City

Falk Foundation e.V. Congress Department
Leinenweberstr. 5 E-mail: symposia@falk-foundation-symposia.org
79108 Freiburg
Germany

Congress Office

During Symposium 218

Congress Office Telephone: +49-175-7795-327

Opening Hours:
Thursday, March 5, 2020 16.00 – 21.00 h
Friday, March 6, 2020 8.00 – 18.30 h
Saturday, March 7, 2020 8.30 – 17.30 h

Congress Venue:
Hyatt Regency Hotel
Campos Elíseos 204
Polanco Chapultepec
11560 Mexico City
Mexico

Congress Fees

Scientific Program of Symposium 218 EUR 200
Students (copy of student ID required) EUR 100

***OR***

Day Ticket EUR 120
Students (copy of student ID required) EUR 60

The congress fees include:
- Pre-Opening and Welcome on Thursday, March 5, 2020
- Refreshments during coffee breaks
- Lunch on Friday, March 6 and on Saturday, March 7, 2020
- Snacks during scientific discussion on Friday, March 6, 2020
- A copy of the abstract volume
- A copy of the final program
**Registration**

Congress registrations must reach the Foundation e.V. by **November 1, 2019, at the latest.**

After receipt of the registration form, each participant will be provided with confirmation of his registration/invoice. On presentation of this confirmation at the congress office in Mexico City participants will receive the congress folder containing name badges, admission tickets and the abstract volume.

In the event of registration cancellations, a handling fee of EUR 20 will be deducted from the refund. All participants will receive a written confirmation of attendance at the end of the meeting.

**Admission to Scientific Program**

For admission to scientific events your name badge should be clearly visible. Accompanying persons are not permitted during the conference at any time.

**Airport**

Hyatt Regency Hotel is located in the upscale Polanco neighborhood, near Paseo de la Reforma and Chapultepec Park.

The distance between the airport and the hotel is around 17 kilometers and a car ride will take approximately 40 minutes.

Travelling by taxi is the best way to get to and from Mexico City Airport. It is strongly recommended to pick up an authorized taxi and avoid rides offered by non-authorized drivers.

Taxi ranks are located at the entrance of both terminals: Terminal 1 and Terminal 2 (international and domestic).

Only taxis by SCT Secretaría de Comunicaciones y Transportes are authorized to provide service at the airport. Currently the following taxi companies offering service at Mexico Airport (MEX): Porto Taxi, Sitio 300, Nueva Imagen, Excelencia, Confort and Yellow Cab.

You can purchase your ticket at the booths near the arrival gates in the walkway area. You can also use Uber, which is safe as well.

Further information can be found under: https://www.mexico-airport.com/taxi.php

Or ask the concierge of the hotel to organize your transfer.
Workshop
Primary Liver Cancer – Emerging Concepts and Novel Treatments
Mainz, Germany
February 13–14, 2020

Symposium 218
Current Challenges of Inflammatory Bowel Diseases
Mexico City, Mexico
March 6–7, 2020

Workshop
Microscopic Colitis – New Insights and Recommendations
Copenhagen, Denmark
May 21, 2020

Symposium 219
IBD-Patients – In the Center of Care
Copenhagen, Denmark
May 22–23, 2020

Symposium 220
XXVI. International Bile Acid Meeting: Bile Acids in Health and Disease 2020
Amsterdam, The Netherlands
July 10–11, 2020

Symposium 221
IBD Management in the New Decade: Old Myths and New Realities
Athens, Greece
October 2–3, 2020

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